

# Have you been supporting someone with dementia for some time?

Please join our free 3 week Carers Information Support Programme 2  
for people who provide unpaid care and support for someone living with  
dementia.

We are currently delivering the programme virtually, please find  
dates below

This course is suitable for those who have been caring for  
someone with dementia for some time and who have  
perhaps previously attended CrISP 1.

Topics include:

- Understanding change as dementia progresses
- Living with change as more help is needed
- Living well as dementia progresses

Booking Essential

**September 2020**

Thursday 10<sup>th</sup>, 17<sup>th</sup> and 24<sup>th</sup> at 2.30pm-4pm

**October 2020**

Wednesday 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> at 6.30pm-8pm

For more information and to book contact Catherine Maguire

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